



APPENDIX A

INTERNATIONAL INDEX OF ED [45]

International Index of Erectile dysfunction

Precede all questions listed below with the phrase, "Over the past 4 weeks" Use the scale to the right of each question in determining response.

scale to the right of each question in determining response.				
Questions	Response options	Questions	Response options	
Q1. How often were	0 = No sexual	Q5. During sexual	0 = Did not attempt	
you able to get an	activity	intercourse, how	intercourse	
erection during	1 = Almost	difficult was it to	1 = Extremely	
sexual activity?	never/never	maintain your	difficult	
Q2. When you had	2 = A few times	erection to	2 = Very difficult	
erections with	(much less than half	completion of	3 = Difficult	
sexual stimulation,	the time)	intercourse?	4 = Slightly difficult	
how often were your	3 = Sometimes		5 = Not difficult	
erections hard	(about half the time)	1899		
enough for	4 = Most times			
penetration?	(much more than			
	half the time)			
	5= Almost always/			
	always			
Q3. When you	0 = Did not attempt	Q6. How many	0 = No attempts	
attempted sexual	intercourse	times have you	1 = One to two	
intercourse, how	1 = Almost	attempted sexual	attempts	
often were you able	never/never	intercourse?	2 = Three to four	
to penetrate (enter)	2 = A few times		attempts	
your partner?	(much less than half		3 = Five to six	

Questions	Response options	Questions	Response options
Q4. During sexual	the time)		attempts
intercourse, how	3 = Sometimes (about		4 = Seven to 10
often were you able	half the time)		attempts
to maintain your	4 = Most times (much	***************************************	5 = More than 11
erection after you	more than half the		attempts
had penetrated	time)		-
(entered) your	5 = Almost always/		
partner?	always		
Q7. When you	0 = Did not attempt	Q11. How often	1 = Almost never
attempted sexual	intercourse	have you felt sexual	2 = A few times
intercourse, how	1 = Almost	desire?	(much less than
often was it	never/never		half the time)
satisfactory to you?	2 = A few times (much		3 = Sometimes
	less than half the time)		(about half the time)
	3 = Sometimes (about		4 = Most times
	half the time)	2663	(much more than
	4 = Most times		half the time)
			5 = Almost
			always/always
Q8. How much	0 = No intercourse	Q12. How would	1 = Very low/none
have you enjoyed	1 = No enjoyment	you rate your level	at all
sexual intercourse?	2 = Not very	of sexual desire?	2 = Low
	enjoyable		3 = Moderate
	3 = Fairly enjoyable		4 = High
	4 = Highly enjoyable		5 = Very high
	5 = Very highly		
	enjoyable	:	

Questions	Response options	Questions Response option		
Q9. When you had	0 = No sexual	Q13. How satisfied	1 = Very	
sexual stimulation	stimulation/intercourse	have you been with dissatisfied		
or intercourse, how	1 = Almost	your overall sex	2 = Moderately	
often did you	never/never	life?	dissatisfied	
ejaculate?	2 = A few times (much	Q14. How satisfied	3 = About equally	
Q10. When you	less than half the time)	have you been with	satisfied and	
had sexual	3 = Sometimes (about	your sexual	dissatisfied	
stimulation or	half the time)	relationship with	4 = Moderately	
intercourse, how	4 = Most times (much	your partner?	satisfied	
often did you have	more than half the		5 = Very satisfied	
the feeling of	time)			
orgasm or climax?	5 = Almost always/			
	always			
	19999			

Questions	Response options	
Q15. How do you	1 = Very low	
rate your	2 = Low	
confidence that you	3 = Moderate	
could get and keep	4 = High	
an erection?	5 = Very high	

SCORING					
Domain	Erectile function	Intercourse satisfaction	Orgasmic function	Sexual desire	Overall satisfaction
Questions:	1,	6	9	11	13
ı	3	8	10	12	14
	5				
	15				
Total score	(1-30)	(0-15)	(0-10)	(2-10)	(2-10)

APPENDIX B

LIST OF SOLUTIONS AND BUFFERS

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1. HEPES- buffered physiological salt solution (HPSS)

140 mM NaCl, 5 mM KCl, 2 mM CaCl₂, 1 mM MgCl₂, 5 mM HEPES, 11 mM glucose were dissolved in distilled water in a final volume of 1,000 ml. The solution was adjusted to pH 7.4 stored at 4°C.

2. TCM 199 medium

Dissolved TCM-199 powder for 1 L and 3.50 g NaHCO₃ in deionized water in a final volume of 1,000 ml. The solution was sterile-filtered and stored at 4°C.

3. 10% formaldehyde

Formaldehyde 10 g was dissolved in distilled water in a final volume of 100 ml. The solution was stored at -20° C.

4. 10% buffered formalin solution

Dissolved 4 g of sodium phosphate monobasic and 6.5 g of sodium phosphate dibasic in distilled water 900 ml. Add 100 μ l of 40% formalin in a final volume to 1,000 ml



APPENDIX C

Publications from the Study

- Tocharus, C., Smitasiri, Y. & Jeenapongsa, R. (2006). Butea superba Roxb.
 enhances penile erection in rats. To be published in Phytotherapy Research
 Accepted on January 26, 2006.
- Tocharus, C., Jeenapongsa, R., Teakthong, T. & Smitasiri, Y. (2005). Effects of long-term treatment of *Butea superba* on sperm motility and concentration. <u>Naresuan University Journal</u>, 13, 11-17.
- Tocharus, C., Smitasiri, Y., Ingkaninan, K., Pisutthanan, S. & Jeenapongsa, R. (2002)
 Effects of Butea superba Roxb. on intracavernous pressure in rats. The 1st Graduate
 Research Symposium, the Pharmaceutical Education Development Consortium (oral
 presentation), Naresuan University, Phitsanulok, Thailand, 19 August 2002, Text and
 General Publication, p 8.
- 4. Tocharus, C., Smitasiri, Y. & Jeenapongsa, R. Acute and chronic toxicity studies of *Butea superba* (submitted).